PE Primary MSG Kids Arena Official Guidelines
Age Category: Year 1

The MSG Kids Arena will feature a variety of indoor athletic challenges designed to promote movement, coordination, and fun. Each athlete will compete in one of the following challenges:

Athletic Challenges

- **CH1 – Speed Sprint**: A short-distance dash to test quickness and acceleration.
- **CH2 – Agility Cone ZigZag**: Navigate through cones in a zigzag pattern to showcase agility and control.
- **CH3 – Standing Broad Jump**: A test of explosive leg power through a standing jump.
- **CH4 – Ball Throw**: Measure upper body strength and coordination with a ball throwing challenge.
- **CH5 – Skipping Rope Challenge**: Count how many skips can be completed in a set time.
- **CH6 – Balance Beam Walk**: Walk across a beam to demonstrate balance and focus.

Athlete Eligibility

- Only students currently enrolled in **Year 1**(**born 2020**) are eligible to participate in this event.
- Each athlete may participate in **one challenge only**.
- Schools must ensure that all participating students are physically fit and have no medical conditions that would prevent safe participation.
- A signed **parental consent form** is required for each athlete.

Rules for Parents & Guardians

1. **Be Positive Role Models**: Cheer positively for all children. Focus on effort, teamwork, and sportsmanship. Avoid criticism of athletes, coaches, or officials.
2. **Spectator Zones**: Stay in designated viewing areas (e.g., stands or marked sidelines). Do not enter the court, technical areas, or officials' table.
3. **Respect Officials**: Treat all event staff with courtesy. Their decisions are final.
4. **Keep it Fun**: Maintain a positive, encouraging atmosphere. Let children enjoy the experience.
5. **Preparation**: Ensure your child has their kit, suitable shoes, water/drinks, and sunblock if

needed.

6. **Access to Events**: Parents will only be permitted to attend the **final stage** of the event. Attendance during **preliminary stages** is not allowed. Kindly adhere to this guideline as part of the event's structure and safety protocols.

Rules for Coaches / Educators

1. **Uphold Sportsmanship**: Model fair play, respect, and gracious conduct.
2. **Technical Area Conduct**: Stay within your designated area. Coaches may stand briefly to give instructions but must behave respectfully.
3. **Court Access**: Do not enter the track during races unless permitted by officials (e.g., for serious injuries).
4. **Appropriate Coaching**: Provide positive, constructive instructions. Avoid excessive shouting or criticism.
5. **Athlete Management**: Ensure athletes understand the rules and event expectations.
6. **Responsibility**: Each school is responsible for the behaviour of its athletes, educators, and supporters.

Important Event Information

- **Safety & First Aid**: A qualified first aid team will be present. Coaches must alert staff immediately if an athlete needs medical attention. Know the First Aid station location.
- **Awards/Recognition**: Details will be provided by organisers.

Photography During MSG Events

- General photos will be taken. We regret that we cannot remove or edit images upon request.
- Every student must have a signed consent form from their parent/guardian.
- Schools are responsible for collecting and managing consent forms.

Commitment & Scheduling

- Schools must fully commit to participation.
- Withdrawals after preparations are discouraged.
- Schools are responsible for their own transport and costs.

- No individual emails requesting date changes or indicating unavailability will be accepted.
- Event dates are fixed and cannot be altered.
- Postponements will only occur due to severe weather or uncontrollable circumstances.
- Events will proceed in case of isolated showers.
- Schools will be notified via email about any postponements or cancellations.
- Late registrations will not be accepted.

Consequences

- **Athletes**: Non-compliance may result in warnings or disqualification.
- **Adults (Coaches, Parents, Spectators)**: Unacceptable behaviour may lead to warnings or removal from the venue.
- **Final Authority**: Officials' decisions during races are final. The Head Event Official or Event Director has final authority on rule enforcement and event management.

Registration & Further Details

A Microsoft Form will be sent to all schools that express interest in participating in the MSG Kids Arena event. This form will be used to: Confirm participation and Submit athlete details.
Further event details, including schedules, grouping, and final instructions, will be shared with registered schools following confirmation.

Thank you for your cooperation. Let's work together to make this a safe, fair, respectful, and enjoyable event for all children!